

Applied Sociology / Social Work Track

Name of Degree	Applied Sociology /Social Work Track
Degree of Specialization	Bachelor Degree
Department	Applied Sociology /Social Work Track
Faculty	Arts
Head of the Department	Dr. Mahmud Hammad m.hammad@paluniv.edu.ps

1. About the Program

Overview

This specialization is one of many quality programs offered by Palestine Ahliya University in terms of its inclusiveness, the diversity of its courses, and its focus on teaching both theory and practice. Its general requirements also intersect with the general requirements of other disciplines in the department. Social work from the perspective of sociology, in a broad, holistic sense, is the main specialization of this program. Because of the relationship between sociology and social work, the program forms a strong social, humanitarian, and academic research base. This track provides students with social knowledge and skills that qualify them for employment in the fields of social work. The comprehensibility of the program's theoretical and practical courses will enable students to pursue higher education in sociology and to work in multidisciplinary areas.

VISION

The Bachelor's Program in Applied Sociology seeks to fulfill the University's mission to advance knowledge through the provision of advanced vocational education. It provides students with knowledge of social sciences and the development of their capacities in social research. Graduates will be able to practice sociology and social work in the public and private sectors as well as the opportunity to pursue their higher studies.

MISSION

Sociology, as a science, studies human society and the social interactions that exist within it. The program serves both students and the community by providing them with theoretical and applied knowledge using a sociological knowledge base and methods of scientific research, quantitative and qualitative, and statistical applications as a means of analyzing the situations, problems and contemporary social issues. This program is designed to provide students with the professional skills that enable them to work effectively in various social and organizational environments through social research and field training to apply theories to reality.

OBJECTIVES

Applied Sociology/Social Work Track aims to encourage students to pursue higher education and rehabilitated scientifically, practically and morally to practice applicable social professions. It also aims to provide them with necessary theoretical and scientific principles and to train them how to apply these concepts and principles taught in the program. The course practically integrates many inter-disciplines.

2. The required hours of the bachelor's degree program

The study plan for the B.A program in Applied Sociology/ Social Work Track consists of (132) credit hours, allocated as follows:

University Requirements (27)		Faculty Requirements (18)		Major & Track Requirements (81)		Free Courses	Total
Compulsory Requirements	Elective Requirements	Compulsory	Elective	Compulsory	Elective		
24	3	15	3	72	9	6	132

3. Admission requirements

To be accepted to major, the learner must:

1. Must obtain GPA 65% (1.5) as a minimum in the general requirements, namely Introduction to Sociology (130101), Social Work (131101), Introduction to Psychology (132101) and Sociology of Family (130201).
2. Pass a personal interview.

4. Intended Learning Outcomes:

Upon the completion of the major requirements, students will be able to:

1. Identify the underlying hypotheses of theoretical arguments, and different scientific research methodologies, and understand alternative perspectives on social scientific issues.
2. Describe the similarities and differences between Sociology and other Social Sciences, as well as describe how Sociology contributes to the understanding of human experiences via social concepts and principles, spatial and temporal conditions, and certain social structures.
3. Describe any theory that contributes to sociological knowledge and social work, comparing them with other theoretical approaches. Explain how theories are analyzed in historical and cultural contexts with the aim of developing them further, especially those related to the Palestinian society and other societies.
4. Engage in Practice-informed Research and Research-informed Practice within Sociology and Social work fields.
5. Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities
6. Intervene with Individuals, Families, Groups, Organizations, and Communities
7. Utilize computerized databases, search through direct contact for published research, and use the Internet, e-mail, and web pages to connect with others and search for information with respect to its varied sources.

5. Work opportunities

Potential workplaces	Potential careers
1. Counselor or advisor	1. School guidance counselor
2. Social worker	2. Social worker in community institutions
3. Researcher	3. Research institutions
4. Social/Security worker	4. Security institutions
5. Teacher/instructor	5. Instructors at universities
6. Media analyst	6. The media
7. Researcher or social worker	7. Statistical centers
8. Social worker	8. Social/Governmental/Official departments
9. Rehabilitation/social specialist	9. Health institution specialist

Components of the study plan

First: University Requirements: (27) credit hours, allocated as follows:

- A. Compulsory Requirements: (24) credit hours.
- B. Elective Requirements: (3) credit hours.

A. Compulsory Requirements: (24) credit hours in the following courses:

Course Number	Course Title	Number of Credits			Prerequisite
		Cr. Hours	Theoretical	practical	
110101	Arabic Language Skills 1	3	3	0	
120101	English Language Skills 1	3	3	0	
110102	Arabic Language Skills 2	3	3	0	110101
120102	English Language Skills 2	3	3	0	120101
130300	Community Service	1	1	0	
112101	Physical Education	1	1	0	
113200	Palestinian Cause	3	3	0	
151102	Islamic Culture	3	3	0	
410131	Fundamentals of Computers & Programming	3	3	0	
410211	Critical Thinking Skills	1	1	0	
Total		24			

Elective Requirements: (3) credit hours chosen from the following courses:

For social work track students should chose course (131103 Communication skills in social work)

Course Number	Course Title	Credit hours			Prerequisite
		Theoretical	Practical	Total	
142211	The Arab World & Contemporary Challenges	3	0	3	
310100	Principles of Administration	3	0	3	
210260	Law in Our Daily Life	3	0	3	
210270	Democracy, Human Rights & Humanitarian Law	3	0	3	
651101	Family in Islam	3	0	3	
651105	Biography of the Prophet: Analytical Study	3	0	3	
420102	Ethics in the Era of Information	3	0	3	

110208	Hebrew	3	0	3	
120106	Spanish	3	0	3	
120104	French	3	0	3	
120105	Italian	3	0	3	
540102	Nutrition	3	0	3	
510121	Introduction to Healthcare	3	0	3	
510111	First Aid	3	0	3	
330100	Principles of Microeconomics	3	0	3	
110104	Library Science	3	0	3	
131103	Communication skills in social work	3	-	3	

Second: Faculty requirements: (18) credit hours allocated as follows:

A. Compulsory requirements (15) credit hours.

B. Elective requirements (3) credit hours.

A. Compulsory requirements (15) credit hours.

Course Number	Course Title	Credit hours			Prerequisite
		Theoretical	Practical	Total	
130101	Introduction to Sociology	3	0	3	
132101	Introduction to Psychology	3	0	3	
142210	History of Arab & Islamic Civilization	3	0	3	
140100	Introduction to Education	3	0	3	
140400	Measurement & Evaluation	3	0	3	

B. Elective requirements (3) credit hours.

For social work track students should choose course (131207 Social Welfare)

131207	Social Welfare	3	0	3	
110103	Appreciating Literary texts in Arabic	3	0	3	

Third: Major & Track requirements: (81) credit hours allocated as follows:

Course Number	Course Title	Credit hours			Prerequisite
		Theoretical	Practical	Total	
130201	Sociology of Family	3	0	3	130101
130202	Palestinian Society	3	0	3	
130203	Modern Sociological Theory	3	0	3	130101
130204	Methods of Social Research	1	2	3	
130205	Sociology of Population	3	0	3	130101
130302	Social Planning and Development	3	0	3	130101
130303	Economical Sociology	3	0	3	130101
320101	Principles of Statistics	1	2	3	
130304	Medical Sociology	3	0	3	130203
130305	Criminal Sociology	3	0	3	130203
130306	Military Sociology	3	0	3	130203
130404	Contemporary Social Problems	3	0	3	130203
130405	Sociology of Religion	3	0	3	130203
130402	Educational Sociology	3	0	3	130203
130403	Political Sociology	3	0	3	130203
130406	Rural & Urban Sociology	3	0	3	130201
130499	Graduation Project	0	3	3	130204
131206	Individual & Family Service	3	0	3	-----
131306	Family Intervention	3	-	3	-----
131101	Introduction to Social Work	3	0	3	
131201	Social counseling	3	0	3	131101
131202	Fields of Social Work	3	0	3	131101
131204	Social Work Methods	3	0	3	131101
131205	Field Work I	0	2	0	131201
131301	Field Work II	0	2	3	
131305	Field Work III	0	2	3	131301
131406	Field Work IV				
131401	Management of Social Institutions	3	0	3	131302
Total		69	16	81	

Fifth: Free courses: (6) credit hours chosen from courses of any faculty of PAU.

7. Fieldwork

Field Work I

This course trains students, under the supervision of the instructor, to apply social work theories and concepts in local or public health and social establishments. This two-credit course is presented to students in the Fall semester of the 3rd year. The course focuses on having students acquire the skills to deal with social problems and contexts. It also aims to develop self-consciousness and basic social values on the level of individual and group.

Field Work II

This course trains students to practice social and psychological activities at private and public health institutions under the guidance of a well-qualified supervisor. The student commences the course in the fall of the third

year. Students must complete 2 credit hours of practical training which will enable them to learn the skills and techniques necessary to deal with social cases inside local institutions at the individual level. The course prepares the learner to endure the responsibilities of social / psychological workers in the light of what they have learned in the theoretical courses with integrity and adherence to ethics.

Field Work III

This course is a continuation from Field Work I and II. It focuses on investigating individual and collective capacities for students in dealing with social psychological situations. It analyzes, interprets, and estimates the level of intervention required and the effective solutions for social problems. This course will present a two-week case study with the purpose of evaluating the extent that students have benefited from theoretical courses and Field Work I and II. This fulfills the objectives of the course as an examination of the abilities and experiences of the students.

Field Work IV

This course is a qualitative complement to field training courses (I), (II) and (III), where students learn about the relationship between these groups and the social work profession in general. It focuses on knowing the advantages of the development stages of the group, taking into consideration the following implications: social systems development, job division, group dynamics (and its impact on its members in terms of behavior and concepts), group cohesion, decision making, and leadership characteristics. It also aims to introduce the student to the work of the masses and community organization, providing them with the basic abilities and skills to achieve the knowledge and deal with the society (a geographical society and a functional society) in order to improve its social level and welfare.

8. Graduation Projects

This course targets 4th year students and is offered in spring semesters. It helps students review the previous major courses needed for conducting studies. Papers will be discussed in public under the supervision of one of the faculty members. The presence of students on the day of discussion is obligatory.

9. Facilities that support the teaching and learning process:

- Computer labs
- Lecture halls
- Training halls
- Libraries

Course Paradigm

First Year

Year 1			Spring		
No.	Title	Credits	No.	Title	Credits
120100	Remedial English	0	120101	English Language Skills 1	3
110100	Remedial Arabic	0	110101	Arabic Language Skills 1	3
151102	Islamic Culture	3	410131	Fundamentals of Computers & Programming	3
131103	Communication Skills in Social Work	3	130203	Modern Sociological Theory	3
130101	Introduction to Sociology	3	132101	Introduction to Psychology	3
131101	Introduction to Social Work	3	130201	Sociology of Family	3
Total		18/12	Total		18

Summer Course

No.	Title	Credits
110102	Arabic Language Skills 2	3
142210	History of Arab and Islamic Civilization	3
140100	Introduction to Education	3
	Total	9

Second Year

Fall			Spring		
131201	Social Counseling	3	131202	Fields of Social Work	3
130205	Sociology of Population	3	13030	Economic Sociology	3
113200	Palestinian Cause	3	131301	Field Work II	2
131207	Social welfare	3	131206	Individual & Family Service	3
130202	Palestinian Society	3	130204	Research Methods	3
131205	Field Work I	2	320101	Principles of Statistics	3
			112101	Physical Education	1
Total		17	Total		18

Third Year

Fall			Spring		
131306	Family Intervention	3	130306	Military Sociology	3
131204	Social Work Methods	3	120102	English Language Skills II	3
130304	Medical Sociology	3	131406	Field Work IV	3
130305	Criminal Sociology	3	130302	Social Planning and Development	3
410211	Critical Thinking skills	1	130402	Educational Sociology	3
131305	Field Work III	2	130404	Contemporary Social Problems	3
130300	Community Service	1			
Total		16	Total		18

Fourth Year

Fall

Spring

	Free course	3		131401	Management of Social Institutions	3
140400	Measurement & Evaluation	3				
130406	Rural & Urban Sociology	3		130499	Graduation Project	3
130403	Political Sociology	3			Free Course	3
130405	Sociology of Religion	3				
Total		15		Total		9

Distribution of Credits	
Courses	Credits
University Requirements	24
University Electives	3
Faculty Requirements	18
Major & Track Requirements	81
Free Courses	6
Total	132

Course Descriptions.

First: Department Requirements

No.	Title
<u>130101</u>	<p><u>Introduction to Sociology:</u> This course aims to illustrate the origins of social thought that led to the emergence of modern sociology. It also sheds light on the contributions of some distinguished scientists such as Ibn Khaldoun, Alfarabi, Auguste, Comte, Emile Durkheim and Spencer. This course also helps students to distinguish between sociology and other social sciences. The focus here is on studying social phenomena, social process and social disciplines in addition to the role of sociology in our daily life.</p>
<u>130201</u>	<p><u>Sociology of Family:</u> This course aims to study the family as the first cell in society including the social phenomena and social process related to it. It also shows patterns, characteristics, and functions of the family throughout history. The course also emphasizes the effects of economic, political, and social changes on the family, the relationship among its members, in addition to marriage and kinship systems and other issues connected to the health of the family and society.</p>
<u>130202</u>	<p><u>Palestinian Society</u> This course provides background information about the main social systems and structures in Palestinian society, such as political, economic, stratified, domestic and religious systems. It also shows the changes that took place on those structures and systems under the control of different political regimes since the start of 20th century. Emphasis is placed on the effects of Zionist occupation and settlement and the Catastrophe of 1948 and 1967 on the structure of Palestinian society. Referring to basic sociological concepts, the Palestinian diaspora is highlighted.</p>
<u>130203</u>	<p><u>Modern Sociological Theory</u> This course examines contemporary sociological perspectives with special focus on widespread theories in sociology and in social and psychological domains, including functional structural theory, conflict theory, symbolic interactionism theory and reciprocal social theory. The course will compare and contrast these theories, showing the applicability of some domains.</p>
<u>130204</u>	<p><u>Research Methods</u> This course defines the basic methods of social research (descriptive, analytical, historical) and their application in the field of social research. It also aims to equip students with the basic skills</p>

	of social research (writing proposals, conducting research and evaluation, and using the library for references and citation).
<u>130205</u>	<u>Sociology of Population</u> This course aims to introduce the reciprocal effect among demographic birth and death rates, immigration patterns, and social economic factors.
<u>130302</u>	<u>Social Planning and Development</u> This course deals with interim and strategic planning accompanied with economic and social policies. It also focuses on the theoretical background of studying social development, its concepts and elements. It also aims to identify the developmental classical theories of basic advancement and the sociological domain to studying social development.
<u>130303</u>	<u>Economical Sociology</u> This course, as one of the branches of applied sociology, aims to illustrate the principles and paradigms used in analyzing economic and social phenomenon in addition to the structure of society and economy.
<u>130304</u>	<u>Medical Sociology</u> The focus of this course is on the concept of health, sickness, societies and the interrelated role of these societies and the humane preventive precautions. It also focuses on practical training in the field of medicine.
<u>130305</u>	<u>Criminal Sociology</u> This course focuses on analyzing and interpreting the motives and the factors that encourage or lead to criminal behavior. It also analyzes hereditary, social and environmental factors that may bring about committing crimes.
<u>130306</u>	<u>Military Sociology</u> This course focuses on introducing the evolution and development of military sociology. It shows the concept of military sociology in social encyclopedias in addition to sociologists' interest in the military sector. This course also studies wars as one of the main elements of social, class and group changes.
<u>130402</u>	<u>Educational Sociology</u> This course examines the evolution of sociology in education that should be highlighted to meet the instructional needs and goals of the society. It also focuses on the economy of education, family, school and approaches followed by society in rearing and socializing generations.
<u>130403</u>	<u>Political Sociology</u> As one of the applied sociology branches, this course highlights the evolution of political authority and the philosophy of Natural Law

	and its theories such as the theory of social contract in addition to Islamic philosophical theories. It focuses on bureaucratic stratified parties and political participation in addition to the relationship between social structures and political structures.
<u>130404</u>	<u>Contemporary Social Problems</u> This course examines current social problems, its nature, its cycle, and its relation to personal disorders. Emphasis is placed on widespread problems in Arab society such as adolescent deviation, divorce, and immigration. The course aims to clarify the sociological views towards these problems.
<u>130405</u>	<u>Sociology of Religion</u> This course represents one of the branches of general sociology. It examines the religious format and its relationship with the rest of societal formats. It also focuses on building the social personalities and the role of religion in society and its relation to economics, and politics and its effect on constructing social behaviors. It also criticizes the western mentality thinks that religion is the creation of societies.
<u>130406</u>	<u>Rural & Urban Sociology</u> This course studies the village as a social phenomenon and problems related to it including attitudes, social skills, and advancement in addition to the types of authority and economic and social development programs in rural areas. It also studies the city as a trend of socialization with respect to its evolution, development and issues related to social systems such as immigration from rural areas to urban ones. There is also some concentration on rural planning to address some of the identified challenges.
<u>320101</u>	<u>Principles of Statistics</u> This course introduces the science of statistics, its branches, domains and uses. There is also some focus on methods of statistical analysis, sampling, data analysis, frequency tables, means, standard deviation, and related issues needed for social research.
<u>130499</u>	<u>Graduation projects</u> This course targets 4 th year students and is offered in spring semesters. It helps students review the previous major courses needed for conducting studies. Papers will be discussed in public under the supervision of one of the faculty members. The presence of students on the day of discussion is obligatory.
<u>130301</u>	<u>Social Gradation</u> This course identifies the concepts of inequality and gradation, discussing systems of gradation (slavery, feudalism, tribalism and social classes) with some emphasis on Karl Marx and Marxism. There is also some focus on contemporary thinkers such as Moore.

<u>130308</u>	<u>Arab Society</u> This course provides a vision about the main social systems in Arab society such as political, social, tribal, and religious. It also focuses on mechanisms of change in the social structures since the start of the 20 th century in addition to explanations of the factors that have resulted in homogeneity and diversity.
<u>130401</u>	<u>Industrial Sociology</u> This course examines the nature of industrial sociology as one of the branches of applied sociology. It aims to illustrate various fields and domains of this science. This course includes a study of the relationship between industrial systems and social systems such as education, family, and marriage. It also discusses the social structures for industry and its mechanisms in addition to the administrative structures.
<u>130407</u>	<u>Social Terms and Texts in English</u> This course includes selected texts in English from sociology and psychology. Students are required to read and analyze these texts to enrich their vocabulary in sociological and psychological terms.
<u>130408</u>	<u>Social Change</u> This course studies the theories and causes of social change within societies. It also aims to reveal the vocational and social activities in addition to finding out the relations between social change and social planning, social policy and introducing real-life examples.
<u>130409</u>	<u>Sociology of Knowledge</u> This course illustrates the connection between knowledge evolution and development to social and ecological reality. It also aims to show various models of social awareness and theories related to it.
<u>132202</u>	<u>Sociological Psychology</u> This course examines individuals' behaviors in specific social contexts and issues related to social groups and their effect on reactions of members of groups. It shows the main constituents of an individual's personality. The course reviews some models related to aggressive social behavior, obedience and change in visions.
<u>132401</u>	<u>Psychological Problems</u> This course discusses psychological problems of both adolescence and childhood with regard to their causes, prevention, remedy and guidance methods. The course classifies psychological problems into three categories: problems related to developmental behaviors, such as lack of concentration, nightmares; behaviors related to feelings of insecurity, such as anxiousness and depression; and behaviors connected to disorder of habits and social problems, such as anger. In addition, study cases will be used for application of class material.

<u>131101</u>	<u>Introduction to Social Work</u> This course introduces social work to students as a profession. There is some focus on the evolution of social work and its historical development. Students will learn about the principles of social work in addition to ways of conducting interviews and ways of dealing with social problems.
<u>131201</u>	<u>Social Counseling</u> This course shows students the scientific bases of guidance on the level of individual, group and society. It is a vital course for graduate students as it enables them to work in the field of counseling.
<u>131202</u>	<u>Fields of Social Work</u> This course presents a variety of fields within social work including family, childhood, schools, medicine, social defense, and labor with respect to problems and intervention methods.
<u>131103</u>	<u>Communication Skills in Social Work</u> This course includes the basic skills necessary for students to communicate in social and professional contexts as social workers. The course focuses on three main interrelated topics: professional communication, interviews, and professional relationships. Basic skills in the process of helping and practicing social work are emphasized.
<u>131207</u>	<u>Social Welfare</u> This course complements an introductory course in social welfare, focusing on the concepts and objectives of welfare and social security. It also deals with the different trends that have developed in these areas, and the relationship of these trends to improving the social and life levels of the individual the family and society. Emphasis is also placed on basic practical approaches in translating theories into practical programs that help to develop society and provide opportunities for social welfare and security. This course deals with social welfare programs and the roles of these programs in the process of community welfare. It focuses on the problems and challenges faced by these programs and institutions and on how this affects individuals and society. There is special interest in the roles and tasks of the social service profession in these programs and institutions.
<u>131206</u>	<u>Individual & Family Service</u> This course explains individual service, its features, and characteristics. It also shows the factors that helped in the establishment of this method of professional intervention. This course also shows the professional foundations and principles that based on individual and the social work service. In this topic, the most important theories are addressed in the service of the individual, such as analytical theory, behavioral

	<p>theory, rational theory, and others. In terms of the principles and professional foundations of the service of the individual, we will deal with professional preparation, confidentiality, self-determination, avoidance of judgment on the client, the formation of insight, and the exploitation of self-activity.</p>
131306	<p><u>Family Intervention</u> This course focuses on the providing student's knowledge with the basic elements and the central concepts in the family intervention curriculum: the problems faced by the family and how to face it through addressing several theoretical points in determining the nature of the problems, difficulties, interpreting them, and offering ways of dealing and confrontation according to different theories</p>
131205	<p><u>Field Work I</u> This course trains students, under the supervision of the instructor, to apply social work theories and concepts in local or public health and social establishments. This two-credit course is presented to students in the Fall semester of the 3rd year. The course focuses on having students acquire the skills to deal with social problems and contexts. It also aims to develop self-consciousness and basic social values on the level of individual and group.</p>
131301	<p><u>Field Work II</u> This course trains students to practice social and psychological activities at private and public health institutions under the guidance of a well-qualified supervisor. The student commences the course in the fall of the third year. Students must complete 2 credit hours of practical training which will enable them to learn the skills and techniques necessary to deal with social cases inside local institutions at the individual level. The course prepares the learner to endure the responsibilities of social/psychological workers in the light of what they have learned in the theoretical courses with integrity and adherence to ethics.</p>
131305	<p><u>Field Work III</u> This course is a continuation from Field Work I and II. It focuses on investigating individual and collective capacities for students in dealing with social psychological situations. It analyzes, interprets, and estimates the level of intervention required and the effective solutions for social problems. This course will present a two-week case study with the purpose of evaluating the extent that students have benefited from theoretical courses and Field Work I and II. This fulfills the objectives of the course as an examination of the abilities and experiences of the students.</p>

<p><u>131406</u></p>	<p><u>Field Work IV</u></p> <p>This course is a qualitative complement to field training courses (I), (II) and (III), where students learn about the relationship between these groups and the social work profession in general. It focuses on knowing the advantages of the development stages of the group, taking into consideration the following implications: social systems development, job division, group dynamics (and its impact on its members in terms of behavior and concepts), group cohesion, decision making, and leadership characteristics. It also aims to introduce the student to the work of the masses and community organization, providing them with the basic abilities and skills to achieve the knowledge and deal with the society (a geographical society and a functional society) in order to improve its social level and welfare.</p>
<p><u>131204</u></p>	<p><u>Social Work Methods</u></p> <p>This course introduces students to vocational skills that specialists use in the field while dealing with individuals, groups and community services. There is a special emphasis on developing students' skills in interviews with the clients. It also shows students the principles of social work within three levels.</p>
<p><u>131401</u></p>	<p><u>Management of Social Institutions</u></p> <p>This course teaches students the basic principles of institutional management and the relationship between institutions in society. The course also shows the institutions' roles in assessing community needs and identifying the relevant policies in these institutions.</p>